



## TEACHER TRAINING PROGRAMME APPLICATION FORM 2021

Still Flowing Teacher Training course is accredited and certified by the UK and European Yoga Alliances by fulfilling all of its requirements at the 200 hr level.

For full information about the course please refer to this website [www.stillflowingyogateachertraining.com](http://www.stillflowingyogateachertraining.com)

### 200 hr level Yoga Teacher Training Program

<b>Name:</b>	<input type="text"/>	<b>Home Phone:</b>	<input type="text"/>
<b>Address:</b>	<input type="text"/>	<b>Work Phone:</b>	<input type="text"/>
<b>Email:</b>	<input type="text"/>	<b>Birth Date:</b>	<input type="text"/>

- On receipt of this application together with the application fee of £50 (Please pay your application fee here which is a donation to [Treesisters](#))
- We will contact you within 7 days of receiving your application (along with your fee) to arrange a Zoom/Skype call with one of the teaching faculty.
- Once we have conducted this brief virtual part of the application process we will get back to you within 48 hrs to confirm that you have been accepted onto the programme.
- At this point you will need to pay the initial deposit of £500 to secure your place on the training.
- The remaining balance must be paid a minimum of 2 months in advance of the training via PayPal, or bank transfer as arranged.

Please initial to confirm that you have read and understood the above. **Initials:**

### How did you hear about Still Flowing Yoga Teacher Training?

\*Please tick the applicable box(es), and fill in the line with the name of the source/person ie."Google"

<input type="checkbox"/> <b>Search Engine:</b>	<input type="text"/>
<input type="checkbox"/> <b>Another Website:</b>	<input type="text"/>
<input type="checkbox"/> <b>Personal Recommendation:</b>	<input type="text"/>
<input type="checkbox"/> <b>Newspaper/Magazine:</b>	<input type="text"/>
<input type="checkbox"/> <b>I don't remember.</b>	

### What are you expecting to learn from the Teacher Training Programme?



# QUESTIONNAIRE FOR POTENTIAL TEACHER TRAINING CANDIDATES

## 1. What is your educational background? – brief details are fine

School:

College:

University:

## 2. What is your employment history?

a) Most recent

b)

## 3. Please give employer references

Name:

Contact number:

## 4. Please give character reference

Name:

Contact number:

## 5. Please give reference from your yoga/mindfulness/somatic teacher

Name:

Contact number:

## 6. Please provide information regarding your physical health

a) Date of last physical check up?

b) For internal safety reasons, please provide details about possible concerns

## 7. Are you physically active?

Yes  No.

If yes, please provide details on the type of sport or activity.



**8. Please provide an emergency contact name and phone number for:**

a) Personal:

b) Medical:

**9. Please provide details regarding past and recent injuries**

This set of questions below are purely so we have the complete information necessary to teach you safely and so we can better understand the process a student might find themselves in. These questions are not designed to exclude any applicants. It is very important that if a student is on medication or has current issues with alcohol or drugs that the teaching faculty are informed so we can give the appropriate support.

**10. Are you taking any medication?**

Yes  No. If so please provide details:

**11. Have you ever suffered from any mental health issues such as depression, anxiety, bi polar disorder, paranoia or attention deficit disorder ?**

**12. Do you or have you had any sleep difficulties?**

**13. Do you have any food intolerances, allergies, digestive issues or eating disorders?**

**14. Have you ever had a drug or alcohol habit and if so, please state what, when and for how long. If you are in recovery, for how long have you been in recovery?**

**15. How many units of alcohol do you drink per week if any?**

**16. Are you a meat eater, fish eater, vegetarian or vegan?**



**17. Have you had any traumatic experiences (old or recent) that we should know about?**

**18. (If female) Are you pregnant?**  Yes  No

**19. Do you practice meditation?**

Yes  No **If yes, what style do you practice?**

**20. Use 3 adjectives to describe your relationship with yoga/meditation/mindfulness**

**Please tell us about yourself by attaching a one-page (typewritten) summary including the history of how and when you started yoga/mindfulness, the styles you have practiced, and why you are specifically interested in this training programme**

- The Teacher Training Program is intensive and you must attend the entire program and complete all projects as assigned in order to obtain your certification.
- Graduation and certification as a yoga teacher is ultimately subject to approval by the teaching faculty.
- On full completion of the 200 hr course (full attendance, practicum (to the required standard) and written/practical assignments) along with approval by all teachers on the faculty, you will be presented with an internationally recognized Yoga qualification.
- This is a 200 hr Yoga Training Certificate issued by Still Flowing Teacher Training with both the UK Yoga Alliance and European Yoga Alliance stamps on it which are internationally recognised and will allow you to get insured.
- If the programme is not completed as outlined here above, certification will be withheld until the elements that are missing are completed. Students in this situation may be invited back to participate on another training programme to complete, or extra classes may have to be attended, more assignments completed, practicums presented and essays may be set in order to get the student up to the required level with a teacher trainer / mentor assigned to guide the completion process.
- All extra training hours will be at the cost of the student, not Still Flowing Teacher Training.



## THE STILL FLOWING TEACHER TRAINING CANCELLATION POLICY IS AS FOLLOWS

- If you cancel 60 or more days before the training starts you lose the deposit of £500 (which is always non-refundable)
- If you cancel 40 - 60 days you lose 50% of total price
- If you cancel 40 days or less you lose 100% of total price
- For cancellations as a result of Covid-19, please go to the Yoga Garden website for current policies:  
<https://www.the-yoga-garden.co.uk/covid-information>
- The teaching faculty reserve the right to ask any student to leave the programme without refund at any time should they be causing themselves or the group, harm, harassment, or disturbance, not following the yogic code of conduct or in a fragile or unsafe state of body/mind (in which case they will be adequately supported to leave the training and get home safely)
- Once the programme has started Still Flowing Teacher Training issues no refunds for trainings.
- In the case of unexpected illness, students must recourse to their medical insurers for refunds for the cost of training and/or flights.
- In the case of compassionate grounds, if there is adequate space, students may transfer their fee to another programme this will be at the discretion of the Still Flowing Training Team.

By signing this form I agree to follow the rules set out by Still Flowing Teacher Training and I agree to take complete responsibility for myself and my actions during my participation in the activities of this Teacher Training school/programme and also during any free time during the training timetable at The Yoga Garden, West Sussex, UK.

By signing below, you confirm that you have read and understood the above and that all information provided in this application form is true and accurate.

Failure to give true and accurate information on this form may result in you being asked to leave the programme with no refund, or further options to complete the training.

Signature:

Date:

**Please also sign every page of the application form to verify that you are in agreement with the terms and conditions of the training.**